

Non-Opioid Pain Management (Subcommittee of Addiction Action Committee)

Meeting Minutes

March 25, 2019

4:00pm-6:00pm EST

DHSS Herman Holloway Campus

I. Welcome and Introduction

Meeting started at 1600

1/22/2019 minutes approved

II. Provider and Public Education (AB&C)

Alex from AB&C provided the booklet outline and fact sheets in regards to different methods for pain management:

Non Opioid Pain Management Patient Booklet Outline

Fact Sheets:

- Acupuncture
- Cognitive Behavioral Therapy
- Physical Therapy
- Chiropractic Care
- Massage Therapy
- Yoga
- Medical Marijuana

Committee suggestions:

The committee provided a tremendous amount of feedback on each of the fact sheets. The committee will be sent the updated fact sheets for review once the suggestions are added.

III. Pain Management Pilot

Dr. Rattay discussed this is the pilot for acupuncture and massage to be available to state employees and Medicaid participants. We are close to a signed contract and the initial piece of this pilot is to be initiated by the end of August 2019.

IV. Public Comment

Check out the Opi-Rescue App!

V. Close Meeting

Next Meeting June 17, 2019

Meeting adjourned at 1720